My daily chore chart

Choose one to three tasks. Describe the action and the help available.

Name: _____ Date / week: _____

My chore	When	Adult help / reminder	Done

Example: Put socks in the drawer | After school | Adult shows the drawer

What does finished look like?

One thing that helped today: _____

Next time we will: _____

A check can include agreed adult help. Leave unused rows blank.

My weekly chore chart

Put a dot in planned boxes first. Turn it into a check when done; use a dash for a day not scheduled.

Name: _____ Date / week: _____

My chore	Help	M	Tu	W	Th	F	Sa	Su

A missed day does not erase completed tasks. Review what made a task difficult.

Our review

What worked? _____

What needs a smaller step or more help? _____

Who will help next week? _____

Start with one row if that is enough. Weekly does not mean every chore happens daily.

My reward chore chart

Pick one observable task. Give the agreed mark promptly; keep marks already earned.

Name: _____ Date / week: _____

My task: _____

Finished means: _____

Help I can use: _____

One mark is earned when: _____

Practice opportunities

Write a date below each used box. Leave the other boxes for another opportunity.

1	2	3	4	5	6	7
☐	☐	☐	☐	☐	☐	☐
_____	_____	_____	_____	_____	_____	_____

My achievable goal: _____ marks

My agreed reward: _____

When I receive it: _____

Review date: _____ Adult: _____

A small goal may be one mark. No perfect-week streak is required.

Example reward: choosing a shared game or a small agreed activity.

Everyday food, rest, care, affection and needed support are never prizes to earn.