THE FAMILY WELLNESS

Our winter bucket list

Choose a few together. There is no deadline to finish all 40.

Family: _____ Winter: _____

Free indoors

- ☐ 01 Paper snowflakes
- ☐ 02 Story basket
- ☐ 03 Sock toss
- ☐ 04 Shadow puppets
- ☐ 05 Shared puzzle
- ☐ 06 Winter charades
- ☐ 07 Card night
- ☐ 08 Window birdwatch
- ☐ 09 Family radio play
- ☐ 10 Book picnic

Supplies may cost

- ☐ 21 Soup afternoon
- ☐ 22 Bread-making day
- ☐ 23 Felt garland
- ☐ 24 Painted greeting cards
- ☐ 25 Cocoa tasting
- ☐ 26 Paper lanterns
- ☐ 27 Windowsill herbs
- ☐ 28 Family photo book
- ☐ 29 Learn to knit
- ☐ 30 Homemade playdough

Free outdoors

- ☐ 11 Winter color walk
- ☐ 12 Bark rubbing
- ☐ 13 Snow-track spotting
- ☐ 14 Mini snowpeople
- ☐ 15 Snow shapes
- ☐ 16 Snow angels
- ☐ 17 Fallen-leaf mandala
- ☐ 18 Sketch bare trees
- ☐ 19 Outdoor scavenger hunt
- ☐ 20 Sunset watch

Outings that may charge

- ☐ 31 Managed ice rink
- ☐ 32 Museum visit
- ☐ 33 Planetarium show
- ☐ 34 Aquarium visit
- ☐ 35 Family theater
- ☐ 36 Pottery painting
- ☐ 37 Indoor pool
- ☐ 38 Botanical conservatory
- ☐ 39 Indoor play venue
- ☐ 40 Guided nature workshop

Make one plan

First choice: _____ Indoor backup: _____

Our spending limit: _____ Date / weather check: _____

Free assumes supplies already owned; transport and parking may cost extra.
Adults supervise. Check conditions, access, age limits and fees before going.
Use snow ideas only when conditions suit. Read the companion safety guidance.